

# **Axiamo PADIS** Long Term Activity Monitoring for Soldiers



# Operator's Guide

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### 10 EU Declaration of Conformity

# 1 Welcome

Congratulations on your purchase of the Axiamo PADIS Long Term Activity Monitoring for Soldiers tracking system. Axiamo PADIS is the next generation of long term soldier activity monitoring. The system is designed to monitor large squads of soldiers over a long term period of time. One Kit consists of two motion sensors and a heart rate sensor. One of the motion sensors is worn at the hip and the other is attached to a backpack. Numerous heart rate sensors are supported. Dependent on your application, your Kits can be equipped with chest worn (Polar H7) or wrist / arm worn (Polar OH1, Scosche Rhythm 24 etc.) heart rate sensors.

The system is designed for easy use. It requires minimal user interaction for setup and data evaluation.

Axiamo PADIS features activity monitoring over a period of 7 days without user intervention. After the measurement period, the Axiamo PADIS sensors are connected to the sensor hub for automatic data extraction.

Fully automatic data processing and comprehensive visualization reveals the group's physical activity and energy expenditure with minimal effort for the operator.

### Have any questions about your Axiamo PADIS product?

We're ready to help! Your complete satisfaction is our goal, so your feedback is crucial. If you have any thoughts, questions, or concerns, just contact our knowledgeable support team at:



axiamo.com/contact

support@axiamo.com



facebook.com/axiamo



twitter.com/getaxiamo

# 1.1 What's Included

### Axiamo PADIS Carrying Case

The carrying case (Peli Storm Case) consists of 10 complete Kits. It is pluggable to the PC with 2 USB 2.0 Type A cables. Data connection works without connecting the power cable. For quicker charging, connect the power cable and allow 4 to 6 hours for charging the sensors completely.



A soldier's Kit consist of the following:

- 1 Axiamo PADIS sensor for wearing at the hip (eg. 01H)
- 1 Axiamo PADIS sensor for wearing at the backpack (eg. 01B)
- 1 Heart rate sensor (eg. 01 for Polar H7 chest belt, Polar OH1 arm band, or Scosche Rhythm 24 arm band)
- 2 Silicone cases for attaching the Axiamo PADIS sensors to hip and backpack
- Warranty 365 days

The label on the sensors and heart rate monitor (eg. 01H) has the following meaning:

- First two digits 01 The Kit number
- The letter at the end H = Hip, B = Backpack

# 1.2 Safety Information

See Battery Care for important battery care and battery safety information.



For a device reset, use provided needle and push through the small hole and hold for 10 seconds

# 1.4 Charging

The Axiamo PADIS sensors have an internal rechargeable lithium battery. Connect the sensors to the powered Axiamo PADIS carrying case for charging.

The LEDs will indicate the charging process with a color transition from **Red** to **Green**. When the battery is fully charged, this animation will stop and a periodic white blink will indicate the successful charging.

You can always check the current battery level by connecting the device to the computer and have a look on the battery icon in the *Kits Tab.* 



A full charging process from empty to full needs about 6 hours. It is recommended to charge the sensors overnight before a measurement.

# 1.5 Battery

The Axiamo PADIS sensors have a built-in high performance 240mAh lithium battery. Dependent on the measurement configuration, the system is able to record continuously up to 7 days with one battery charge. Before starting a measurement, be sure that all sensors are fully charged. It is recommended to charge the sensors overnight.

# 1.6 Power on / off

The devices will automatically power off after 10 minutes of inactivity when not plugged to a PC and not charging. To turn on all sensors in a carrying case unplug both the power and USB cables, wait for 10 seconds and replug first the power and then the USB cables. Now all devices will turn on and become available in the Axiamo PADIS software.

# 1.7 Color LED

The LED indicates the current device status:



Device is in idle mode and ready to use. After 10 minutes of inactivity the Axiamo PADIS sensors will power off themselves. Just plug the sensors to a powered USB port to restart them.



### Periodical blue blink

Device is configured as **hip sensor** and is waiting for the programmed measurement to start or the record period has just ended.



### Periodical orange blink

Device is configured as **backpack sensor** and is waiting for the programmed measurement to start or the record period has just ended.



Device is clearing its memory before starting to measure. This takes about 10 seconds.

### No LED activity

This is the normal operating state of the Axiamo PADIS sensors. During the measurement periods, power consumption is reduced by not using the LED at all.

# 2 Software Installation

Axiamo PADIS supports Windows (Windows 10, 64bit) and Linux (Debian based) operating systems.

The most current software release can be obtained at http://www.axiamo.com/padis.

Your application data like measurements and settings are stored at a different location than the application itself, so when installing newer versions of Axiamo PADIS, you still have all your application data accessible without any need of transferring them.

# 2.1 Windows

- 1. Download the current Axiamo PADIS release provided at http://www.axiamo.com/padis.
- 2. Double click the installer and go through its setup. Note that you will need administrative permissions to install the Axiamo PADIS sensor's USB driver.
- 3. When the installer has finished, you directly can start the application.

## 2.2 Linux

- 1. Download the current Axiamo PADIS release linked at http://www.axiamo.com/padis.
- 2. Give the installer executive rights:

\$ chmod +x AxiamoPADISInstaller\_XXXX.XX.XX.XX.XX.XX.run

3. Start installer

### \$ ./AxiamoPADISInstaller\_XXXX.XX.XX.XX.XX.XX.run

- 4. When the installer has finished, you directly can start the application.
- 5. Verify your currently logged in <u>user</u> is in the groups *plugdev* and *dialout* 
  - \$ sudo usermod -a -G plugdev <u>user</u>
  - \$ sudo usermod -a -G dialout user
- 6. In case the sensors are not accessible immediately after plugging them to the PC, it may be necessary to uninstall the installed package *modemmanager*. This package is used to communicate to analog modems and may interfere with the Axiamo PADIS USB communication. Uninstall this unneeded package with:
  - \$ sudo apt-get purge modemmanager

# 3 Software Setup

After installing Axiamo PADIS, you will need to request the following files from Axiamo:

- License file for product activation
- Kit Definition files for your Axiamo sensors

The procedure is described in the following sections.

## 3.1 Licensing

Axiamo PADIS uses license files for product activation. There are credit based and timed licenses available.

Without an activated product with credits available, no measurements can be processed, visualized nor exported.

Any obtained license is bound to one computer and can not be transferred.

To obtain your license, please follow these steps:

- 1. Open the Profile dialog in Axiamo PADIS by clicking on the profile icon 🔔
- 2. In the Profile dialog, your current balance is shown. Now open the Credits Manager by clicking on "Manage..."

Credits Balance

Balance: 0



3. In the Credits Manager, copy the displayed UID and send it to Axiamo for creating your license file.

Note: this UID is unique per computer. The obtained license will only be valid on the computer the UID is generated on.

UID 8316801456345109661

- 4. After receiving your license file, click on "Add Credits" in the Credits Manager and select the obtained license file.
- 5. Now Axiamo PADIS is activated and can be used productively.

## 3.2 Data location

In the Profile Dialog 🔝 you can define the measurements and settings location.

## 3.3 Kit definitions

When receiving your initial license, Axiamo will provide you with a Kit Definition file to be imported in the Axiamo PADIS application.

In the Kits tab of Axiamo PADIS, on the bottom left there are buttons for Kit Definition import and export. When clicking on "Import" and selecting the obtained Kits Definition file (.zip), your Kits are being imported and can be used for new measurements.

# 4 Getting Started

# 4.1 Axiamo PADIS Software Overview

Axiamo provides a modern and intuitive Software to manage your measurements.

🔀 Axiamo PADIS 2.0	$\sim$	•		~	_
		÷.	<b></b>	(i)	Ŧ
<ul> <li>Cloud synchronization</li> <li>User credentials and data storage location</li> <li>It is best to create first your own session data path</li> </ul>	1				
Profile Credentials User name USER-PADIS Password Status Cloud idle					
Finland Storage location C:/local_data					
CANCEL OK					

• Software and Sensor Firmware update

The Axiamo PADIS Software is organized in three main tabs:

- Measurement Tab
- Kits Tab
- Heart Rate Belts Tab

# 4.2 Measurement Tab

🚫 Axiamo PADIS 2.0					_	
🔀 Axiam	o PADIS 2.0		C	≏ ≜	<b>\$</b> (j	Ð
MEASUREMENTS	KITS HE	ART RATE I	BELTS			
Active (0)						
No active measure	ements.					i
Pending (1)			Finished (1)			
One week mea	asurement	-	TestMeasur	rement		-
5 Subjects 4d 17h	13.08.18 06:00:00 to 17.08.18 23:00:00	Ē	5 Subjects 14m	02.08.1 12:08:5	8 to 02.08.18 7 <sup>to</sup> 12:23:55	U.F.
						+

The measurement tab lists all your measurements with some additional information about them. All the measurements are listed either as "Pending", "Active" or "Finished". To create a new measurement, just click on the *Plus* icon on the bottom right to start configuring.

### **Creating New Measurement**

The setup screen for creating a new measurement allows to set the following parameters:

🔗 Axiamo PADIS 2.0			- 🗆 ×
← New Measurement			
One week measurement			
Start Date Start Time O6:00:00	) () ()	Stop Date 509.08.18 Stop 7 23:00:0	ime 🕓
Kits selection (5 selected)		SELECT ALL SELECT ONLINE	SELECT NONE
🗹 🔅 Kit 01	<b>†</b> <sup>‡</sup> <b>▮</b> 🔒	Polar OH1 21BDD325	Ĩ
Kit 02	<b>†</b> <sup>‡</sup> <b>▮ ♀</b> <sup>‡</sup> <b>▮</b>	Polar OH1 26CAA422	Ĩ
🗹 🔅 Kit 03	<b>†</b> <sup>‡</sup> <b>▮</b> 🔒	💝 Rhythm 24 3278	Î
🗹 🔅 Kit 04	<b>†</b> <sup>‡</sup> <b>▮</b> 🔒	💝 Rhythm 24 3162	Î
			SAVE

### Measurement Name

The measurement shows up in the list with this label. A meaningful name helps to quickly locate the measurement in the list at a later time.

### Time and date for measurement start and stop

Carefully set the desired measurement start and stop time and date. Normally the measurement start is set to a time in the future (eg. next morning). It is however possible to set up a start time in the past, in this case the measurement will immediately start and adding more Kits afterwards is not possible.

### Kits to include in measurement

In the list, all *configured* and *online* Kits are listed. Kits can individually be unchecked if they should not be added to the measurement. If some Kits are not displayed in the *scrollable list*, be sure that all sensors configured to the Kit are connected through USB. Only Kits with all defined sensors being online are displayed in the list (check USB icon).

After clicking the *SAVE* button the basic parameters as *Measurement Name, Start / Stop time* can not be altered anymore. However, as long as the measurement start time is not reached, additional Kits can be added to the measurement. Just connect more Kits via USB and click on the button labeled *Add more Kits* to select them. They will be initialized with the identical measurement setup as the previously set up sensors.

🛠 Axiamo PADIS 2.0		- 🗆 X
← One week measu	rement	
Start Date Start Time 02.08.18 06:00:00	e 🕓 💿 🖹 Stop Date 😁	Stop Time () 23:00:00
Kits in measurement (5 K	ooth power save i Status LED active	<b>i</b>
5 Kits are ready to be started.	1(5)	
-🔆 Kit 01 Idle	† <sup>‡</sup> ┃ 😔 <sup>‡</sup> ┃ 冬 Polar OH1 21BD	D325 🛔 🗊
⊷Ç. Kit 02 Idle	† 🖞 🔋 🤤 🍄 📋 💝 Polar OH1 26CA	A422 🛔 🗊
- Kit 03 Idle	† $^{\psi}$ 📋 🤤 $^{\psi}$ 📋 🂝 Rhythm 24 3278	· •
-🔆 Kit 04 Idle	† 🌵 🔋 💝 Rhythm 24 3162	
	(	ADD MORE KITS INITIALIZE

### Bluetooth power save

To allow long term measurements of up to one week, this feature reduces Bluetooth power consumption with a less aggressive reconnect behavior when the connection to the heart rate sensor has been lost. When unable to connect (eg. when the heart rate sensor is not worn for sleeping, reconnecting will be triggered by motion measured by the Axiamo PADIS sensors. When unchecked, the sensors will repeatedly try to connect to the heart rate sensors even during long periods with the cost of increased power consumption.

### Status LED active

When unchecked, the Axiamo PADIS sensors just blink in their role dependent color (blue for hip sensor, orange for backpack sensor) before the measurement start. During the measurement the LED will be switched off for minimum power consumption. However, for short measurements (up to one day), this feature can be checked and is used to illustrate the current status of the device. For a detailed description of the blink codes please consult the chapter *Color LED* in this document.

The measurement will be initialized with the measurement set up when clicked INITIALIZE.

# 4.3 Kits Tab

### Overview

Here all defined Kit assignments are displayed. After installing the Axiamo PADIS software there are no entries in this list. Axiamo provides each customer with its individual Kit assignments for easy importing:

- Click on the Import Kits button
- Select the provided Kit assignment file received from Axiamo
- Now all Kit assignments are imported and stored to the Computer

If it is required to have the Kit assignments on multiple PCs, just repeat these steps on every computer needed for Axiamo PADIS.

If the Kit assignment is modified at a later time, it is advisable to export the modified Kit assignment to a zip file as backup.



In normal use, it is not necessary to modify the Kit assignments.

### Kits Assignments

When clicking on the *Kit assignments* icon in the *Kits Tab* a pop-up dialog appears showing the sensors used in the selected Kit. This is helpful in the following situations:

- Changing the sensors to use in a Kit
- Verify the correct sensors are used in a Kit

It is required that the Kit's sensors are connected to the PC to use all functions of this dialog.

🔗 Axiamo PADIS 2.0				- 0	×
🗴 Axiamo	PADIS 2.0	△ 🛓	\$	<b>(</b> )	Ŧ
MEASUREMENTS	Kit Configuration				
• <b>`Ç</b> • Kit 01	Kit Label Kit 03		0325	Ē	\$
• <b>`Ç</b> • Kit 02	Hip Sensor		422	Ē	\$
• <b>`ç`</b> • Kit 03	1 24825f055689dc90	RELEASE		Ĩ	\$
• <b>`ç`</b> • Kit 04	Backpack Sensor 😔 2416b4015689dcbc	RELEASE		Ē	\$
- <b>`ç`</b> Kit 05	Heartrate Belt Rhythm 24 3278	RELEASE	19	<u>i</u> f	\$
		CANCELOK		C	

As soon the dialog opens, both the hip sensor and the backpack sensor light up in their role color (Hip = Blue, Backpack = Orange). The sensors will stop identifying themselves when the dialog is closed again.Renaming Kit

To rename the Kit, just modify the text in the *Kit Label* text field and click on *OK*.

### Change Kit Assignment

Both the sensors and the heart rate monitor of the Kit can be changed by clicking on *Release* and selecting a new unassigned sensor.

One sensor can only be used in one Kit at a time.

# 4.4 Heart Rate Belts Tab

This tab lists all found Bluetooth 4.0 heart rate belts. If a heart rate belt is added to Axiamo PADIS at a later time, please follow these steps:

- Be sure the heart rate belt is transmitting by moisturizing the electrodes and wearing it tightly on the chest
- Connect at least one Axiamo PADIS sensor (hip or backpack)
- Press on the Search Icon and wait 20 seconds for the scan to be completed
- The new heart rate belt should be found and listed
- To add it to a Kit, please open its Kit assignment dialog and select the newly added heart rate belt

In normal use, it is not necessary to use this tab.

🚿 Axiamo PADIS	2.0			_	
🗙 k	xiamo PADIS 2.0	$\bigcirc$	 \$	(j	Ŧ
MEASU	REMENTS KITS HEART RATE BELTS				
	Rhythm 24 3278 Last update: 02.08.2018 12:05:27 Signal: ?				Î.
	Rhythm 24 3162 Last update: 02.08.2018 12:03:55 Signal: ?				Ī
	Polar H7 E243E119 Last update: 02.08.2018 12:02:04 Signal: ?				Î
	Polar OH1 21BDD325 Last update: 02.08.2018 11:56:39 Signal: ?				Ĩ
	Polar OH1 26CAA422 Last update: 02.08.2018 11:56:39 Signal: ?				٩

# 5 Operate Measurement

# 5.1 Preparing measurement

For a successful measurement, a correct preparation and initialization is very important. Before the measurement period, the following requirements have to be met:

- Verify the correct assignments of all Kits to be used in the measurement
- Leave the sensors connected to a powered USB plug for a night to assure they are fully charged
- Create a new measurement and set up the name, start and stop time / date. Be sure to double check the entered start and stop time and date
- Connect the Axiamo PADIS carrying case to the PC (using the USB cable and do not forget to also use the power plug) and see the Kits appearing in the measurement's Kit list
- Press on SAVE and INITIALIZE to initialize the sensors with the given setup

As soon as the measurement has been started, the *Measurement State* will be in the *Running* state as illustrated below.



• If the measurement start time is in the future, you can add more Kits by connecting them to the PC and pressing on *ADD MORE KITS*. After selecting the new Kits, press on *INITIALIZE* to initialize this batch of Kits. This procedure can be repeated as required and as long as the start time is in the future.

## 5.2 Starting measurement

• Unplug started Kits from USB and put them in the PADIS 2.0 silicone case



• Be sure to put the sensors in the silicone case the correct way as illustrated above. This ensures best protection against dirt and moisture. The sensor's LED should be completely covered by the silicone case

 Started Axiamo PADIS sensors show their role with a blink color (Hip = Blue / Backpack = Orange). The hip sensor (blinking Blue) has to be attached to the subject's belt and positioned at the outer right side of the hip. The backpack sensor (blinking orange) is attached to the backpack preferably also at the right side



Photo: Ueli Känzig, SFISM

• When the start time is reached, the sensors stop to blink in their role color and start recording. The heart rate belt should be worn by the subject at that time to get complete heart rate data

# 5.3 During the measurement

During the measurement, no intervention is needed at any time. The Axiamo PADIS system continuously records motion and heart rate data of the subjects.

## 5.4 Finishing measurement

After the measurement period, reconnect all Kits to the Axiamo PADIS carrying case, connect the grey USB cables to your computer and open the measurement in the Axiamo PADIS software.

### Stopping, Uploading and Processing measurement

To stop the sensors and upload the data from the sensors to the PC press on the *Stop* icon in the *Measurement State* box. The data will then be automatically processed. If all the sensors are stopped, uploaded and processed the *Stop* icon will be colored in green.



• You can verify the upload and processing process in the bottom bar

Start Date 02.08.18	Start Time 14:39:13	€		Ê	Stop Date 02.08.18	Stop Time 14:39:45	
ts in meas	urement (5	Kits)					
• <b>`ç`</b> • Kit 01	Uploading	<b>†</b> †	<b>₽</b> <sup>‡</sup> <b>■</b>	💝 Polar Of	H1 21BDD325	•	
<b>``Ç'</b> Kit 02	Uploading	<b>†</b> †	<b>₽</b> <sup>₽</sup> <b>■</b>	💝 Polar Of	H1 26CAA422	•	
• <b>`ç`</b> • Kit 03	Uploading	<b>†</b> †	<b>₽</b> <sup>‡</sup> <b>■</b>	💝 Rhythm	24 3278	•	
Active Task	veek measu	urement				<u>120/</u> – D	×
Active Task	xs veek measu Start Time	urement			Stop Date	- D	×
Active Task	veek measu Start Time 14:39:13			Ê	Stop Date 02.08.18		×
Active Task mo PADIS 2.0 One w Start Date 12.08.18	veek measu Start Time 14:39:13 urement (5	urement () Kits)			Stop Date 02.08.18	 Stop Time 14:39:45	×
Active Task	veek measu Start Time 14:39:13 urement (5 Processed	urement () Kits)	(■)	Polar Of	Stop Date 02.08.18	- 0 Stop Time 14:39:45	×
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the case, not all Kits are connected to the Computer when uploading and processing, the *Measurement State* will illustrate *partly uploaded* with yellow color. In this case it is nevertheless possible to export the incomplete data. As soon all Kits are completely stopped, uploaded and processed, the *Measurement State* will turn green.

l n



### Entering soldier details

• You always can adjust the soldier details, before or after data uploading and processing by clicking on the *Soldier Icon*. The resting metabolic rate for each soldier / kit is calculated based on this information. Please note that after adjusting the soldier details data you have to re-export your data if you wish to post-process it.

### Kits in measurement (5 Kits)

• <b>ਂ਼</b> • Kit 01	Processed	<b>†</b> <sup>‡</sup>	<b>₽</b> <sup>‡</sup> <b>3</b>	💝 Pol	ar OH1 21BDD325	•
	_	Edit the soldier	r details by press	ing on the s	oldier icon	
	S 1.	Soldier Deta	ails		IE	
	- 1	Gender		۲	Male	
	re			0	Female	
		Age		20 default	_ years 5	
	- 1	Weight		75 default	_ <b>kg</b>	
		Size		170 default	_ cm value	
		Resting Heart	Rate	50 system	_ <b>bpm</b> value	
		Maximum Hea	art Rate	200 default	<b> bpm</b> value	
	E L			[	CANCEL OK	

## 5.5 Visualize measurement

After processing a measurement, a eye icon appears for every processed Kit. Clicking on this icon will open the Kit Visualization screen.

# Kits in measurement (5 Kits) Vortice Kit 01 Processed T Image: Second second

In the Axiamo PADIS Visualization screen, each Kit can be analyzed separately.

All plots provide you with the bottom bar showing a small overview of the whole measurement's data.

The bottom bar enables you to quickly navigate through the whole measurement. For slow scrolling hover over the bottom bar and use the *Mousewheel*.

You can change the zoom level of the corresponding plot by hovering over the bottom bar and adjusting with *Control (Ctrl)* + *Mousewheel*.

### Dashboard



In the Dashboard you can see an overview of a soldier's data. At the moment there are the following elements available:

- Weekly Summary of Energy, Distance and minimum and maximum Heart Rate. By clicking on a specific day (date) you see the data summary of this day.
- Weekly Trend of Energy, Distance, minumum and maximum Heart Rate.
- Activites Total by Time and by Energy.
- HR Analysis Total, showing the Heart Rate Histogram and Training Zones.

### Detailed Data Tab



The processed data is been classified in several different activities and the subject's energy expenditure is estimated.

The shown signals are:

### Activites

The activity classification for the whole measurement period is calculated based on scientifically validated Axiamo PADIS algorithms developed in cooperation with the Swiss Federal Institute of Sport Magglingen SFISM.

### • Total Energy

The total energy expenditure shows the sum of the PAEE AC. DEP energy and the resting metabolic rate in [kJ/min].

### • Heart Rate and Resting Heart Rate

The Resting Heart Rate is detected from the system, but can be changed in the soldier details.

# 5.6 Exporting measurement

The whole measurement can be exported for further visualization in other programs and for custom post – processing.



To export a measurement just click on the *Export* icon in the Measurement State.

You can select the following data for exporting:

### • Raw Data (64Hz)

The raw motion data (Acceleration 3D) of both the hip and the backpack sensor sampled at the full 64Hz.

Note: raw motion data files have the complete motion data stored and therefore take some time to export.

### • Processed Data (2s)

Based on the raw motion data, steps and counts are calculated. Also average 2s values of heart rate, speed and distance are exported in these files.

### • Processed Data (60s)

A minute based export of the 2s processed data.

### • Daily Reports

Summaries of all previous data as daily representation.

	Ехро	rt Measureme	nt	
	Expor	ted files:		
21		Raw Data (64Hz)		
	$\checkmark$	Processed Data (2s	5)	
21	$\checkmark$	Processed Data (60	)s)	20
21	$\checkmark$	Daily Reports		3
			CANCEL	EXPORT
e				

Multiple standard CSV files will

be saved into the Axiamo PADIS default folder: "Storage/Exports/[MeasurementStart][Measurement-Name]" or in your own **pre defined session path**.

# 5.7 Importing data (CSV files) in Microsoft Excel

For importing the previously exported measurements (CSV files) in Microsoft Excel follow these steps:

1. With your Microsoft Excel open, head over to the "Data" tab and click on "From Text".



2. The exported measurement files are found in the folder "Storage/Exports/[MeasurementStart][MeasurementName]". Choose the csv file which you want to import and analyze in Excel.

🔣 Import Text File		x
😋 🔍 🗢 🚺 « Expo	> 2017_05_31_17_21_00_TestRelease2.1.R > - 47	Search 2017_05_31_17_21_00_T 🔎
Organize 🔻 New	folder	i 🕶 🖬 🔞
Microsoft Excel	Documents library 2017_05_31_17_21_00_TestRelease2.1.Run5	Arrange by: Folder ▼
Pavorites     Desktop     Downloads     Recent Places     ownCloud	Name 2seconds 60seconds DailyReport E	
Libraries Documents Music		
E Pictures		
I툎 Computer 🏭 Windows (C:)	• • • · · · · · · · · · · · · · · · · ·	•
F	ile name: TestRelease21Run5_2017_05_31_17_21_00_DE01_d ▼ Tools ▼	Text Files   Open  Cancel



3. After clicking on "Import" the "Text Import Wizard" starts. Choose "Delimited" and click on "Next".

Text Import Wizard - Step 1 of 3
The Text Wizard has determined that your data is Delimited. If this is correct, choose Next, or choose the data type that best describes your data.
Choose the file type that best describes your data:
Start import at <u>r</u> ow: 1 File <u>o</u> rigin: Windows (ANSI)
Preview of file C: \Users\Axiamo\Doc\TestRelease21Run5_2017_05_31_17_21_00_DE01_daily.csv.
1 PADIS Export File 2 Label: TestRelease2.1.Run5 3 Start Time: Mi, 31. Mai 2017 17:21:00 4 Stop Time: Mi, 31. Mai 2017 17:26:00 5 Sensor: 248ff1045689d947
Cancel < Back <u>N</u> ext > <u>F</u> inish

4. Choose Tab as Delimiter and "as Text qualifier and click "Next".

Text Import Wizard -	Step 2 of 3	° ×
This screen lets you se below.	t the delimiters your data contains. You can see how your text is affected in th	e preview
Delimiters		
▼ <u>T</u> ab	Treat consecutive delimiters as one	
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Space	Text guainer:	
Other:		
Data <u>p</u> review		
PADIS Export F. Label: TestRel	ile ease2.1.Run5	Â.
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Sensor: 248ff1	045689d947	-
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5. Click on Advanced and select the *Decimal* (.) and *Thousands* (') seperator:

Text Import Wizard - Step 3 of 3	8 ×	Advanced Text Import Settings
This screen lets you select each co Column data format © <u>G</u> eneral ○ <u>T</u> ext ○ <u>D</u> ate: DMY ○ Do not import column (skip)	lumn and set the Data Format. 'General' converts numeric values to numbers, date values to dates, and all remaining values to text. Advanced	Settings used to recognize numeric data Decimal separator: Thousands separator: Note: Numbers will be displayed using the numeric settings specified in the Regional Settings control panel. Reset Trailing minus for negative numbers OK Cancel
Data preview PADIS Export File Label: TestRelease2.1.1 Start Time: Mi, 31. Mai Stop Time: Mi, 31. Mai Sensor: 248ff1045689d9 <	Run5 i 2017 17:21:00 2017 17:26:00 47 Cancel < Back Next > Finish	

6. Finally click on "Finish" and "OK"

Import Data		? X
Where do you want	t to put the da ksheet:	ita?
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# 6 Axiamo PADIS Settings

Clicking the top right of the application window on the *Settings* icon opens the global Settings dialog.

In this dialog, various configuration can be set up:

### • Language

Choose between German and English of the whole application.

Please note that this setting is applied on next application start.

### • Date and time format

Choose between central European (24h clock, DD.MM.YY date format) and US English (12h clock with AM/ PM, YY/MM/DD date format).

Please note that this setting is applied on next application start.

### Show Explanations

Some actions or states of the Axiamo PADIS software provide further



information about the reason of a state or possible actions in this state. Those information can be shown when clicking on the info icon 0. To suppress showing these info icons, disable this setting.

- Enable Cloud Storage
- Use Secure Connection
- Show Splash Screen

On Application start, the Axiamo PADIS Splash Screen is shown as default setting. If you like to disable this, just switch the setting here and no more splash screen is shown.

Please note that this setting is applied on next application start.

Interface Scaling

Adjusting this setting will influence the size of all displayed elements of the Axiamo PADIS application. You can select from 60% scaling (small) up to 140% scaling (big). On high resolution displays, it is advisable to increase the *Interface Scaling* to 120% or 140% for better usability.

# 7 Maintaining Axiamo PADIS

# 7.1 Battery Care

Axiamo PADIS sensors contain rechargeable lithium polymer batteries. Follow these instructions and guidelines to maintain the battery lifespan.

**Warning**: If you do not follow these guidelines, the battery life could be shortened and there is risk of damage to your Axiamo sensors, risk of fire, risk of electrolyte leaks and chemical burns or even risk of injury.

### **Battery Care Guidelines**

- Recharge the battery at least once every 6 months
- Do not expose Axiamo sensors to high temperatures (> 60°C) or high humidity (> 90% RH)
- Do not disassemble, puncture or incinerate the Axiamo sensors.

If the casing of the device breaks and the battery is exposed, keep the battery away from children. Contact your local recycling authority to properly dispose of the sensor and battery.

### **Battery Lifespan**

- The battery lasts for approximately 300 charge cycles. If charged on a weekly basis, the battery should last for 5 years.
- The battery is non-replaceable. If the battery charge length is noticeably much shorter than before, your Axiamo product may have reached its end of life. Contact your local recycling authority to properly dispose of the device and battery.

# 7.2 Water Damage

The Axiamo sensor is **not waterproof**! Do not use under water or it will be irreparably damaged. Water damage is not part of the warranty and will not be replaced.

When worn in the Axiamo PADIS silicone cases, the sensors can be used in harsh conditions and are splash-water protected.

# 7.3 Cleaning

To clean the sensor, use a moist tissue. Be sure to not put any water into the sensor.

# 8 Axiamo PADIS Specifications

# 8.1 Heart Rate Sensor Polar H7

Туре:	Chest worn
Battery type:	CR 2025
Expected battery lifetime:	200h
Radio Frequency/Protocol:	2.4 GHz Bluetooth Smart

# 8.2 Heart Rate Sensor Polar OH1

Туре:	Arm band
Battery type:	Rechargeable battery
Expected battery lifetime:	8h
Radio Frequency/Protocol:	2.4 GHz Bluetooth Smart

# 8.3 Heart Rate Sensor Scosche Rhythm 24

Туре:	Arm band
Battery type:	Rechargeable battery
Expected battery lifetime:	24h
Radio Frequency/Protocol:	2.4 GHz Bluetooth Smart

# 8.4 Activity Sensors

Operating temperature:	5°C to 55°C
Sensor case:	ABS
Water resistance:	No IP certification
Splash-water resistance:	Yes
Battery:	240mAh lithium
Battery run time one charge:	Up to 7 days continuous
Expected battery life:	Up to 5 years
Radio Frequency/Protocol:	2.4 GHz Bluetooth Smart

# 8.5 Sensor Attachment

Material: Silicone Silpuran 6700 Water resistance: Yes

# 8.6 Carrying Case

Power supply: 2x 230V AC Data Connection: 1x USB 2.0 Type A plug Number of Kits: 5 complete Kits per carrying case

# 9 Warranty & Service

Be sure to visit our support pages to find online help, FAQs and manuals for your product.

## 9.1 Axiamo Limited Warranty Information

This product is warranted to the original purchaser to be free from defects of quality, materials or workmanship at the time of delivery for the Limited Warranty Period (see below). During the Limited Warranty Period, Axiamo GmbH will, at its sole discretion, remedy such defects free of charge either by a) repairing, or b) replacing, or c) refunding the original purchase price (excluding taxes, shipping, handling, duties, and similar amounts), subject to the terms and conditions of this Limited Warranty.

## 9.2 Warranty Period

The Limited Warranty Period will automatically expire without notice, and this Limited Warranty is not enforceable, if:

- 1. the product has been opened or otherwise tampered with
- 2. the product has been serviced by a person other than Axiamo GmbH
- 3. the serial number has been removed, altered or made illegible in any way
- 4. the product was not purchased from Axiamo GmbH or any authorized resellers

# 9.3 Exclusions and Limitations

This Limited Warranty does not cover, and customers will not be entitled to any claim under this Limited Warranty or otherwise for:

- problems arising from abuse or rough, careless, or improper handling (and without limiting the foregoing, damage resulting from bending or dropping the product will be deemed the result of abuse or improper use)
- problems arising from misuse contrary to intended or recommended use
- problems arising from alteration of the Axiamo product, such as moisture or water damage sufficient to affect the proper function of the product, and damage to the product case or visible cracking of the face

# 10 EU Declaration of Conformity

We hereby declare that the product described below, in its design and construction as well as in the version that we have placed on the market, meets the essential health and safety requirements of the EC Directives listed below. If a change is made to the device, this declaration will lose its validity.

### Manufacturer

Axiamo GmbH Switzerland Innovation Park Biel/Bienne Aarbergstrasse 5 2560 Nidau Switzerland

### Product

Description and identification of the device

General Name	Activity sensor for long-term measurements
Function	Detection, recording and visualization of activity level and heart rate
Type / Model	Axiamo PADIS
Year of construction	2016 / 2017/ 2018 / 2019

### Standards

This declaration is based on the full compliance of the products with the following European standards:

Electromagnetic compatibility Directive (EMC) 2014/30/EU Low Voltage Directive 2014/35 / EU Telecommunications Directive (2014/53 / EU) Restriction of Hazardous Substances RoHS 2011/65/EU

### Documentation

Authorized representative for the technical documentation:

Benjamin Habegger, Director, Axiamo GmbH

### Signature

Biel, 2018/06/23

Duer

Damian Weber Director Axiamo GmbH

CE